



Liposuction

A body contouring procedure to remove stubborn fat deposits not eliminated by diet and exercise. Fat is removed through suctioning with a tube and suction machine, leading to improvement in body shape. Common areas include the chin, chest, abdomen, love handles, buttocks and thighs.

Price: 1200 USD/site (1 night stay per site)

Pre- Op Instructions:

- ◆ Consultation with surgeon
- ◆ Evaluation for other medical conditions
- ◆ No intake of food or water 8 hrs prior to surgery
- ◆ Compression garment should be available to be used post-op
- ◆ Stop smoking & alcohol intake at least 2 weeks before surgery
- ◆ Anticoagulants, vitamins, hormones (including birth control pills), anti-depressants & some other medications also to be stopped at least 2 weeks before surgery.

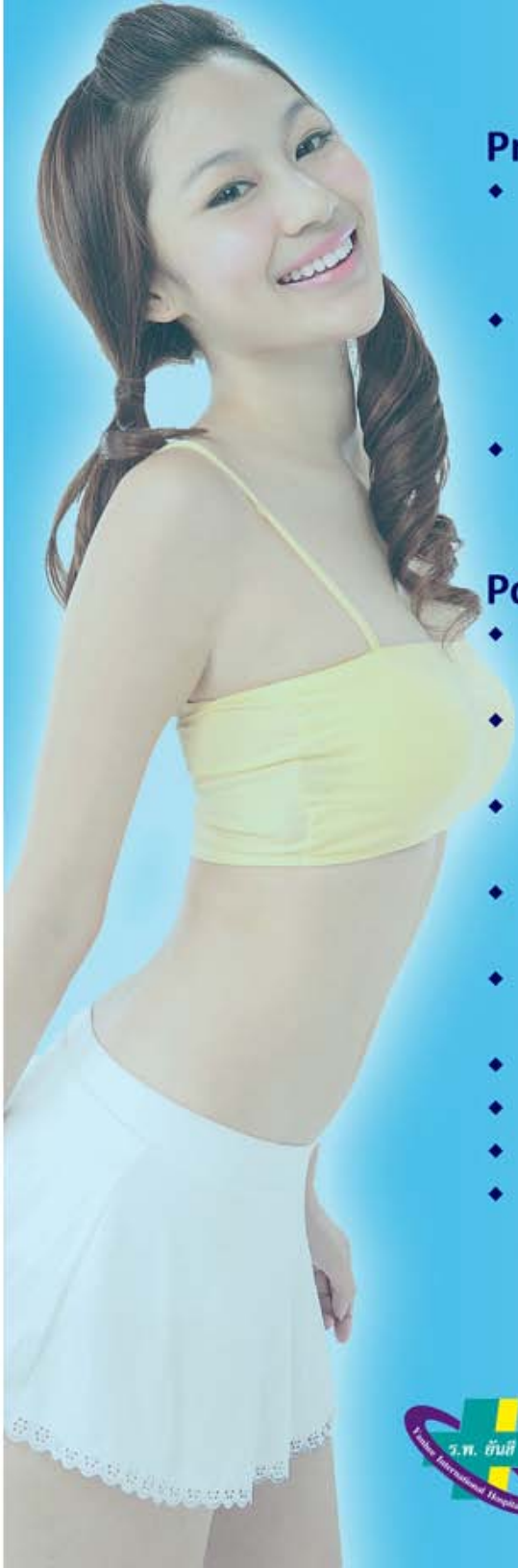
NOTE: Please provide Yanhee with a complete list of medications each patient is taking so proper advice can be given as to which medications should or shouldn't be stopped.

Anesthesia: General anesthesia

Duration: 1 hour per site

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- NOTE:**
1. Prices are subject to change without prior notice.
 2. Further details of procedures may be requested through e-mail.



Procedure:

- ◆ A large volume of solution is injected into the target area (contains Lidocaine - anesthetic effect, & Epinephrine - decreases bleeding)
- ◆ A special cannula (diameter = 2, 3, 4 or 5 mm) is inserted through a tiny skin incision and the fat is suctioned
- ◆ Surgeon closes the incision with stitches

Post- Op Instructions:

- ◆ A day after surgery, patient may do light to moderate physical activities
- ◆ Begin with 25% of normal work-out 4 days post-op
- ◆ Wrap treated area with compression bandage snugly & continuously for 6 days – 2 wks
- ◆ Do not apply icepacks or a heating pad to skin overlying the areas treated by liposuction
- ◆ Do not soak in a bath, Jacuzzi, pool or beach at least 7 days post-op
- ◆ Keep incision clean
- ◆ Bruising may diminish after 2-3wks
- ◆ Patient may take a shower 2 days post-op
- ◆ Return for ff-up check after 7 days for removal of stitches

BEFORE

AFTER



Yanhee International Hospital
PLASTIC SURGERY CENTER