

# General Check-up Programs

YOUR HEALTH IS YOUR WEALTH



PROGRAM 1: 20 years old or over and those who have not had a physical check-up for a year.

PROGRAM 2: 30-45 years old

PROGRAM 3: 46-55 years old

PROGRAM 4: 55 years old or over

PROGRAM 5: Couples contemplating marriage or women prior to getting married.

\* Package inclusions are fixed and not changeable.

\* Discount cards are not applicable .



## PREPARATION:

- ◆ No intake of food, water or other liquids 6 hours prior to laboratory tests.
- ◆ For Ophthalmologic exam, refrain from wearing contact lenses 3 days prior to eye check-up.



*A healthy life means real happiness and contentment.*

*Make the right choice now and stay healthy for life.*



โรงพยาบาล ยันฮี  
Yanhee International Hospital

# PROGRAM 1



20 - 29 years old & those who have not had a physical check-up for a year

- Physical Examination
- Complete Blood Count
- Fasting Blood Sugar
- Cholesterol, Triglycerides
- Creatinine
- Urinalysis
- EKG
- Chest X-ray

# PROGRAM 2



30 - 45 years old

- Physical Exam
- Complete Blood Count
- SGOT, SGPT, Alkaline Phosphatase
- Cholesterol, Triglycerides, HDL
- Creatinine
- Fasting Blood Sugar
- Ophthalmologic Exam:
  - Visual Acuity
  - Refraction
  - Tonometry
  - Slit Lamp Examination
- Chest X-ray
- Urinalysis
- EKG

*FOR WOMEN:*

- Mammogram
- PV, Pap Smear

# PROGRAM 3



46 - 55 years old

- Physical Exam
- Complete Blood Count
- SGOT, SGPT, Alkaline Phosphatase
- Cholesterol, Truglycerides, HDL
- Creatinine
- Fasting Blood Sugar
- Uric Acid
- Ophthalmologic Exam:
  - Visual Acuity
  - Refraction
  - Tonometry
  - Slit Lamp Examination
- Chest X-ray
- Urinalysis
- EKG
- Stool Occult Blood

*FOR WOMEN:*

- Mammogram
- PV, Pap Smear, CA-125

*FOR MEN:*

- Ultrasound of Upper Abdomen
- PSA



50 US\$

Men : 80 US\$

Women : 140 US\$

Men : 140 US\$

Women : 150 US\$

## IMPORTANT NOTE:

- For abnormal gastrointestinal symptoms such as chronic constipation or frequent indigestion, a Barium Enema or Colonoscopy is highly recommended.
- In case results of the EKG are abnormal, blood pressure is high, or with history of chest tightness or easy fatiguability, additional Echocardiography or EST may be recommended.

## PROGRAM 4



55 years old or older

- Physical Exam
- Complete Blood Count
- Cholesterol, Triglycerides, HDL, LDL
- Creatinine, Uric Acid
- SGPT, SGOT, Alkaline Phosphatase
- Fasting Blood Sugar, CEA, AFP
- Urinalysis, Stool Occult Blood
- EKG, EST
- Chest X-ray, Bone Densitometry
- Ophthalmologic Exam: Visual Acuity  
Refraction  
Tonometry  
Slit Lamp Examination

### FOR WOMEN:

- Mammogram, PV, Pap Smear, CA-125

### FOR MEN:

- Ultrasound of Upper Abdomen, PSA

**Men : 360 US\$**

**Women : 400 US\$**

### IMPORTANT NOTE:

- For abnormal gastrointestinal symptoms such as chronic constipation or frequent indigestion, a Barium Enema or Colonoscopy is highly recommended.
- In case results of the EKG are abnormal, blood pressure is high, or with history of chest tightness or easy fatigability, additional EKG or EST may be recommended.

## PROGRAM 5



For couples contemplating marriage or for women prior to getting pregnant

\* No food or water restrictions before check-up.

- Physical Exam
- Complete Blood Count, Rh-Blood Group
- Urinalysis
- Hb Typing
- VDRL
- Anti-HIV
- HBs Ag

**60 US\$**

### IMPORTANT NOTE:

- If Anti-Hepatitis B vaccine is required, Anti-HBc test should be included.
- If uncertain about the Anti-Rubella vaccination or with history of infection, Rubella IgG should be determined. Chest X-ray should be taken for those who have not had one in the past 2 years.
- If suspicious of any possible hereditary diseases such as color blindness, etc., consultation with a doctor is encouraged.

## PROCEDURES:

ABO-Blood Group	3 US\$
RH-Blood Group	3 US\$
Anti-HIV	20 US\$
Anti-HAV	25 US\$
Anti-HCV	25 US\$
HBs Ag, HBs Ab	25 US\$
Mammography	75 US\$
AFP	15 US\$
CEA	20 US\$
CA-125	30 US\$
PSA	30 US\$
PV, Pap Smear	15 US\$
Thin Prep	30 US\$
Test for Prohibited Drugs	
- Amphetamine	15 US\$
- Morphine	15 US\$
VDRL	5 US\$
Bone Densitometry	50 US\$
EKG	10 US\$
Echocardiography	115 US\$
Exercise Stress Test	115 US\$
Upper G.I. Series	100 US\$
Barium Enema	120 US\$
Gastroscopy	240 US\$
Colonoscopy	240 US\$